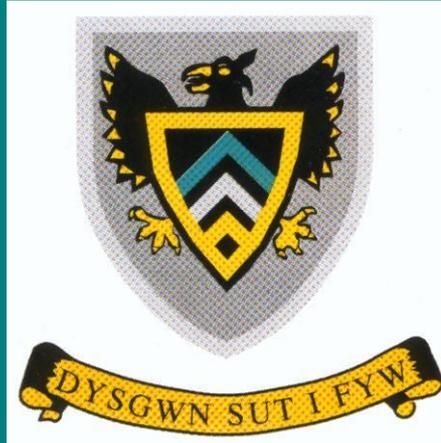


SEX & RELATIONSHIPS POLICY



Definition

Sex and Relationship Education (SRE) is a specialist curriculum, designed to provide opportunity for learners to develop the skills to develop and nurture positive, healthy, respectful relationships. Lessons and resources promote sexual behaviour within the context of a loving relationship, with individuals taking responsibility for contraception and the prevention of STIs.

Staffing and Delivery

SRE is delivered by the Head of Personal and Social Education (PSE) as well as any staff who may also be timetabled for its delivery. Non-specialist staff will be provided with sufficient training and support where relevant.

Students in KS3 receive one hour of PSE each fortnight. SRE is delivered during the Spring term and consists of approximately eight one-hour sessions. During year 9, two of the eight lessons are provided by the BCBC School Nursing Service. A further lesson on *sexting*, 'Risky Pics,' is also provided by the Police Liaison Officer as part of the All Wales School Liaison Programme.

During KS4, students are taught SRE, specifically gender-based violence and sexual consent, through the Individual Project component of the Welsh BaccaLaureate Skills Challenge Certificate. Delivery of the Welsh BaccaLaureate is done so on a carousel structure, with young people studying each aspect for a nine-week duration, with two one-hour lessons each week. Year 10 students receive eighteen hours of SRE. Having chosen their individual theme for their Individual Project, students are then supported by the Head of PSE in researching a SRE theme of their choice eg: teenage pregnancy, abortion. During Year 11, learners receive approximately seven hour-long interactive SRE lectures with the Head of PSE. At this time, the Police Liaison Officer will also deliver a session on 'No Means No' to all students, as part of the All Wales School Liaison Programme.

During the summer term, all students participate in *Life Week*, during which additional sessions on aspects of the core SRE curriculum may be reinforced, according to identified learner need and availability of external speakers.

Monitoring and Evaluation

Sex and Relationship Education is monitored by the Head of PSE, in response to learner feedback eg Bryntirion Voice, identified learner need through external monitoring such as Cardiff University's Health Survey as part of Bryntirion's ongoing relationship with the DeCIPHER study, practice-based research as carried out by the Head of PSE in conjunction with the School Nurse, the outcomes of cross-curricula curriculum audits which are carried out on a biannual basis, as well as the school formal and informal observation process.

Parents' Right to Withdrawal

All parents and carers are advised on an annual basis of their right to withdraw their child from SRE. Parents and carers are informed by letter and are invited to attend an information evening regarding lesson content and resourcing. Parents and carers are also welcome to borrow resources and meet with the Head of PSE on an individual basis.

Parents and carers wishing to withdraw their child are required to meet with the Head Teacher and XXX

The Policy Review Process

The SRE policy is reviewed on a three-year basis.

The Aims of the SRE Policy

Bryntirion's school motto is 'We Shall Learn How to Live.' The comprehensive and relevant programme that is delivered to support all learners to:

- develop the skills to foster fulfilling, loving and healthy relationships
- foster behaviours that are unhelpful and unhealthy
- take responsibility for their sexual health and behaviours

Curriculum Content

Year 7

Puberty

Hygiene

Appropriate and inappropriate physical and verbal communication

Year 8

An introduction to methods of contraception

Body image

Sources of information regarding sex and relationships and their reliability

Sexual Consent

Year 9

The A-Z of Love and Sex

STIs

Contraception

Media images

Sexual consent

Sexualities and gender ideation

Year 10

Gender-based violence

Sexual consent

Year 11
Abortion

Staff Training

The Head of PSE is a specialist teacher of PSE who participates in training as provided by BCBC Healthy Schools. Non-specialist staff are supported by the Head of PSE in terms of lesson planning and resourcing.

Whole Staff Involvement

All staff are invited to comment during policy development. Teacher governors are involved in the final approval of this policy.

Cross-Curricular Links

Aspects of SRE are also delivered in Science and Health and Social Care curricula.

SRE Resources

The core SRE curriculum makes use of the SENSE resource as provided by Welsh Government.

Key resources for the delivery of SRE include:

Year 7 – Raging Teens, The Human Body (BBC)

Year 9 – The A-Z Love and Sex (Channel 4)

Fit (Stonewall)

Young, Trans and Looking for Love (BBC)

Sex on Trial (BBC)

Year 10 – Spiraling (Bristol AVA)

Men at War (BBC) – excerpts only

Four Carrier Bags and a Buggy (Incentive Plus)

Growing Up Poor – Boys and Girls (BBC)

Juno

A range of relevant music videos and film trailers relevant to gender-based violence
– maximum age certificate 15.

Year 11 – Everyday Miracle – The Human Body (BBC)

External Visitors

Bryntirion's SRE curriculum is supported by additional lessons provided by the Police Liaison Officer as part of the All Wales School Core Liaison Programme; the School Nursing Service;

Calan DVS (formally Bridgend Women's Aid); City and County of Swansea's *Infonation*; Bridgend Youth Service, Barnardo's and Bryntirion's resident school nurse.

Use of Terminology

During the initial Year 7 lesson on SRE, during which ground rules, expectations and the guidelines for safeguarding outlined, learners have the opportunity to discuss language and its corresponding values and connotations. Teachers of PSE, Science, the school nurse and visitors will use the correct medical vocabulary during lessons, lectures and presentations. Students are encouraged to use appropriate language at their own comfort level to support participation and engagement for all, moving towards full use of medical vocabulary.

Consultation with Stake-Holders

As stated, pupils are consulted through practice-based research, focus groups, the outcome of lesson observations, Bryntirion Voice and participation in external research such as DeCIPHER. Parents are informed regarding policy, curriculum and resources on an annual basis as well as invited to attend an information session at the start of each academic year, during which there is the opportunity to ask questions and provide feedback to the Head of PSE.

Equality and Inclusion

Sex and Relationship Education as part of the Personal and Social Education curriculum at Bryntirion is fully inclusive to all young people of all abilities and learning needs. Students with Additional Learning Needs are supported during lessons and presentations by members of the ALN team.

Bryntirion's SRE provision is mindful of and works hard to support young people of all gender and sexual identities and supports all young people in developing a clear understanding of equality and respect as the foundation of healthy relationships.

Links to Other School Policies

All Year 7 students are required to participate in a lesson on safeguarding and boundaries before progressing onto the core SRE scheme of work. During this session, child protection, Fraser competency and confidentiality are all clearly explained to learners, including the referral process following disclosures.

This policy should be considered in conjunction with other school policies to include:

Child Protection
Equal Opportunities

Transition from the Primary Phase

The Head of PSE has undertaken training on primary curriculum, delivery and resources. In conjunction with the Healthy Schools Team, a pupil voice activity takes place at the start of

the academic year regarding learners' experiences of SRE at primary school, which is used to inform training and curriculum design.