



GIG
CYMRU
NHS
WALES

Profi
Olrhain
Diogelu

Test
Trace
Protect



DIOGELU CYMRU
KEEP WALES SAFE

Peidiwch ag anfon eich plentyn i'r ysgol os ydynt yn dangos unrhyw symptomau COVID-19

Don't send your child to school if they have any COVID-19 symptoms

PESWCH CYSON NEWYDD - pesychu llawer am fwy nag awr, neu 3 neu fwy o byliau o beswch mewn 24 awr.



A NEW CONTINUOUS COUGH - coughing a lot for more than an hour, or 3 or more coughing episodes in 24hrs.

TYMHEREDD UCHEL - eu brest neu'u cefn yn teimlo'n boeth i'w gyffwrdd



HIGH TEMPERATURE - their chest or back feel hot to touch

COLLI'R SYNHWYRAU AROGLI NEU FLASU NEU NEWID IDDYNT - ni allant arogl na blasu unrhyw beth, neu mae eu synnwyr arogl neu flas yn wahanol i'r arfer.



A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE - they cannot smell or taste anything, or their sense of smell or taste is different to normal.

Rhaid i'ch plentyn hunanynysu yn syth.

Ffoniwch 119 neu archebwch brawf ar-lein drwy llyw.cymru/coronafeirws

Os mai dim ond trwyn yn rhedeg neu symptomau annwyd eraill sydd gan eich plentyn a dim symptomau COVID-19 uchod, nid oes angen prawf COVID-19. Gall eich plentyn fynd i'r ysgol os yw'n ddigon da i wneud hynny.

Os nad ydych yn siŵr a yw symptomau eich plentyn yn symptomau COVID-19 neu symptomau tebyg i annwyd, defnyddiwch y gwiriwr symptomau; <https://gov.wales/check-your-symptoms-see-if-you-need-coronavirus-medical-help>

Your child must self-isolate immediately.

Phone 119 or book a test online at gov.wales/coronavirus

If your child only has a runny nose or other cold-like symptoms, and none of the above symptoms a COVID-19 test isn't required. Your child can go to school if they are well enough to do so.

If you are unsure if your child's symptoms are COVID-19 or cold-like symptoms please use the symptom checker; <https://gov.wales/check-your-symptoms-see-if-you-need-coronavirus-medical-help>

Cadw Cymru'n Ddiogel.
Dal ati i Ddysgu.



Keep Wales Safe.
Keep Wales Learning.